



FRANKE
TOBEY
JONES

Enjoy your age

5340 N. Bristol Street
Tacoma, WA 98407
P: 253-752-6621
F: 253-756-1862

FrankeTobeyJones.com
Facebook.com/
FrankeTobeyJones

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**Franke Tobey Jones Day in the
City of Tacoma!
Cover Story**



FRANKE TOBEY JONES
Enjoy your age

Frankely, We've Got It!

News, events and opportunities at our community

July/August 2024

100TH Anniversary 2024



Judy Dunn, FTJ President and CEO; Bob Beckham, FTJ Chief Operations Officer and Administrator; and Christine Hall, FTJ Senior Director of Marketing and PR accepting the Centennial Proclamation from the Tacoma City Council on May 21, 2024

FTJ Honored by the Tacoma City Council

And FTJ Centennial Website Launched

In May, FTJ was honored by the City of Tacoma who proclaimed May 22, 2024 Franke Tobey Jones Day in the City of Tacoma. May 22nd is Franke Tobey Jones birthday and is always celebrated at a special Spring Tea hosted on our campus. We are especially honored to receive this recognition during our Centennial year.

We have just launched a special section on the FTJ website where you can find all the Centennial information and stories. You will see the:

- 10 decade timeline with stories and images
- 28-page 1924 Looking Back booklet

- Resident and team member stories and photos
- Centennial Proclamation
- 43 minute Centennial video which is a historical look at Franke Tobey Jones and features 11 resident voices
- Join the Centennial Circle opportunity
- Commemorative Centennial book titled *Franke Tobey Jones ~ 100 Years, 100 Stories* will be available and also posted as a flipbook

If you or your loved ones have stories and/or memories about Franke Tobey Jones, we'd love to hear them and include them on our website. Please email any stories to Christine Hall at: chall@franketobeyjones.com

FTJ Senior University

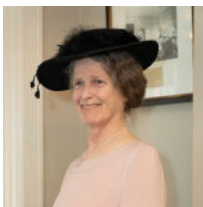
July/August 2024

Pretty Gritty Tacoma Lectures: The Blackwell Family

Quite possibly one of the most influential families that nobody talks about in Tacoma. The first people to arrive in Tacoma by train, the operators of Tacoma's first hotel and the founders of multiple philanthropic societies. This class is part of the FTJ Centennial this year. *July 25, 3:00 pm, Bristol View 1st Floor Bowditch Room*

Franke Tobey Jones: Building a Destiny— A Living History Performance by Karen Haas

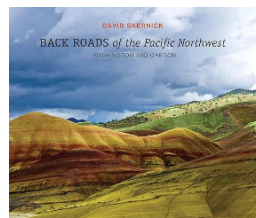
Franke Tobey Jones is most often remembered as the generous wealthy woman who founded what became a beloved senior living community in Tacoma. But Franke's life was not all prosperity and ease. Karen Haas portrays this vibrant woman as she reminisces about New York, Wisconsin, Tacoma and how she spent her life Building a Destiny.



This class is part of the FTJ Centennial this year. *July 30, 3:00 pm, MJ Wicks Wellness Ctr*

Five Watercolor Techniques: Images from the Backroads of Washington

Five One-hour classes (July 30 – August 27) teach and practice specific watercolor techniques using images from the book *Backroads of Washington* and new local views. All materials are provided for each class. *July 30, 10:00 am, Tobey Jones Craft Room*



What's News? Session 2 - How the News Media Covers People Aged 55+

Learn about how the news media covers people aged 55+ and how the media is changing to more effectively represent 55+ people in the news media. This interactive program is made possible by a generous donation to Senior University. *August 8, 3:00 – 4:30 pm, Bristol View 1st Floor Bowditch Room*

For all classes you must register with Jana at jwennstrom@franketobeyjones.com or 253-756-6219. Go to www.FrankeTobeyJones.com for a full class schedule.

Featured Apartments



Featured Apartment— Tobey Jones #352 -Independent Living with services

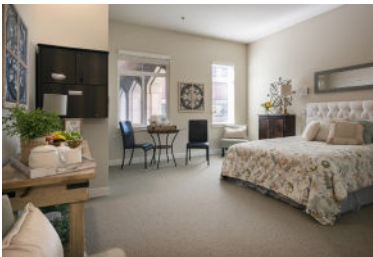
This charming studio apartment has a view of Mt. Rainier, kitchenette and also a nice view of the campus. The monthly rent of \$4,295 (no buy-in) includes:

- ◆ Three wonderful, chef prepared meals a day
- ◆ Weekly housekeeping
- ◆ Transportation to and from doctor appointments and shopping five days a week
- ◆ Fitness classes and a 6,000 square foot Fitness Center
- ◆ Woodshop and Craft room
- ◆ Senior University with lifelong learning
- ◆ Kitchenettes with microwave and refrigerator
- ◆ Emergency call alert system
- ◆ Library, game room, living room and Solarium for resident use
- ◆ Secure entrances with easy call system for visitors



Tobey Jones #265 Independent Living w/Services

This one bedroom, one bathroom apartment is on the main level close to dining and activities, and has a convenient kitchenette. The monthly rent of \$4,515 (no buy in) includes: three chef prepared meals daily, weekly housekeeping, transportation, weekly happy hours, activities, fitness, emergency call alert system, woodshop, craft room and salon. reserved parking and more.



Memory Care

FTJ Memory Care has nearly all private suites with private bathrooms. We specialize in seniors with Alzheimer's Disease and dementia. Our unique approach to memory care, including Montessori-Inspired Programming, features a small group of residents who live together in a home-like setting with secured outside courtyards, many gathering spaces, 24 hour supervision and support.

Your needs are always a priority to us. For more information, or to see availability and apartment videos go to [franketobeyjones.com/availability-and-videos/](https://www.franketobeyjones.com/availability-and-videos/) or call us at 253-752-6621.



Doris teaching an exercise class at the Point Defiance ~ Ruston Senior Center

Meet Doris Renna

Doris was born on July 4th in Pathfork, Kentucky—a small mining town. She jokes that the one doctor in town was so drunk when he came to deliver her, he passed out on the couch before she was born and her birth was not recorded! Her family moved to this area when she was young to be close to family, and she has been here ever since.

Many years ago, probably in the 40's, when Doris was a poor little girl from way on the other side of town, Franke Tobey Jones was something to be revered because it was special, kind of like the Weyerhaeuser mansion.

Many years later, she lived in the complex next door to Solstice. This was way back in 2002, and she was looking for some place to take an exercise class since she had exercised most of her life. She asked a friend who told her about the FTJ Wellness Center, so she checked it out and joined. (That was the old Wellness Center, not the big one we have today.) She invited her neighbor to join her because her neighbor had been asking, "Where do you go for all these morning exercise classes?" That was just how it kind of started, and whoever else became her neighbor started exercising with her.

When the (new) Wellness Center was first built in 2004, FTJ wanted to keep it open on weekends, but there was a concern that people might fall or hurt themselves, so FTJ hired Doris to come and just watch to make sure nothing happened. She eventually started helping out at the Point Ruston Senior Center. At first, she would occasionally fill in for someone else on vacation, but when that person retired about six years ago, Doris has been there ever since. She continues to go there three mornings a week and lead exercises that she's created. She says "That's my therapy!" She leads strength and balance exercises with weights and straps, with an average of 26 people participating. "It's not a big space and there's not a lot of room to stretch," comments Doris, "so it's kind of a trick to find enough room for everybody. But the participants love it and we have almost a party atmosphere."

As you can see, Doris has been acquainted with FTJ for many years. She'd been in her own home for over 30 years, but the house and the yard just became a lot to take care of. She checked many other places, but FTJ felt more like home, so in 2022 she moved into the Tobey Jones building. "Any kind of change is difficult, and it did take some adjusting," Doris says, "but now I'm very comfortable here at FTJ."

Congratulations to Doris who celebrates her 18th FTJ team member anniversary this year!

Community Partnership

FTJ Residents Share Life Conversations with PLU Students

Students from Pacific Lutheran University's Undergraduate Psychology Program recently visited the Franke Tobey Jones campus for their Counseling Theory and Practice course field experience. The specific curriculum for this class is intended to teach students the skills and strategies counselors use to help others, with a focus on empathetic listening and comprehension.

Sixteen Franke Tobey Jones residents readily volunteered to participate. Each resident partnered with a student to share a conversation for approximately one hour and discuss anything they wanted. At the end of the hour, their student partner would then be rated on their listening and comprehension skills by the resident.

Several of our resident volunteers conveyed their utter delight conversing with their students. Pat Mail, in photo above with her two students, couldn't have had enough nice things to say about her experience – a Garden Apartments resident and FTJ Board Member – Pat was thrilled to have had the opportunity to participate for a second time. "This experience was not only a way to help these students with their courses, but I was given the chance to learn as well."



Summer Concerts

Save the Dates!

We are pleased to announce our 2024 Summer Concert Line Up and want to thank a generous resident donor who is, once again, making these possible. All concerts will be held at 6:30pm in front of our Care Center, are free to the public and will last about an hour. Bring your lawn chairs, blanket, picnic and enjoy!



August 8 ~ Puget Brass

Formed in 1999, Puget Brass is a British-style brass band that performs traditional and contemporary brass band literature throughout the greater Seattle area.



August 15 ~ Route 66

Route 66 is a full-sized big band specializing in tunes from the Great American Songbook, classic and authentic songs from the swing era as well as popular standards of later decades.



August 22 ~ Wally and the Beaves

Wally & The Beaves is a seven piece fun Oldies variety band that performs songs from the 50s, 60s, 70s, 80s (and more). Each member of the band brings a bit of humor by dressing like well-known iconic characters from the era.



August 29 ~ Shabby Road

Experience the timeless magic of The Beatles with Shabby Road the ultimate tribute band dedicated to bringing the iconic hits of the Fab Four to life. We recreate the sound and spirit of John, Paul, George and Ringo. Come sing along with the greatest pop songs ever written!



Centennial Circle

100 Years of Philanthropy—Expanding the Circle

In 1923, Mrs. Franke Tobey Jones donated \$150,000 and four acres of land where a rest-home could be built for persons over the age of 65 to live out the "sunset of their lives."

With the help of the Philanthropic Education Organization (PEO), and other philanthropic committees known as "Circles," the money was raised to not only build, but maintain one of the first retirement communities in the United States. One hundred years later, FTJ continues to honor the mission "to enrich and extend the quality of life for seniors in our community."

To perpetuate the legacy of Mrs. Franke Tobey Jones and strengthen the FTJ Charitable Subsidy Fund, Philanthropy has invited community members, residents, families, and staff to be part of the 2024 Centennial Circle. Anyone who makes a gift of \$100 or more will become a Centennial Circle Member. All gifts will benefit Charitable Subsidy and contributors will be acknowledged in the FTJ Centennial Time Capsule and as a Centennial Circle Member in the 2024 Annual Report.

In this milestone year, we are very pleased to announce that with a generous bequest from the estate of Mrs. Marilyn Dimmer, a former FTJ Board Member, the Centennial Circle received an initial gift of \$100,000, and with other gifts has grown to \$150,000, the same amount that Mrs. Franke Tobey Jones gave to start this amazing community. We hope you will join us in growing the Charitable Subsidy Fund and ensuring residents who have outlived their resources through no fault of their own will always have a home at FTJ ~just as Mrs. Franke Tobey Jones originally intended.

If you would like to join the Centennial Circle, click here: <https://www.franketobeyjones.com/centennial/> and click on Join the Circle.

Thank you! If you have any questions, please call Shelley Harris at 253.756.629.