



# Gathering Points

(253) 756-0601

Pt. Defiance~Ruston

JANUARY 2025

Operated by Franke Tobey Jones

## SAVE THE DATES

### PARTIES

St. Patrick's Day Party - March 13, 11:00 a.m. ~ Maryanne Ellis line dancing!

### CLOSURES

Jan 1 - New Year's Day  
February 17 - President's Day  
May 26 - Memorial Day  
July 4 - Independence Day



### INCLEMENT WEATHER

Winter is coming, and along with it the possibility of snow, rain, and ice. The Center goes by the Tacoma No. 10 School District's schedule. If the school opens two hours late, the Center opens two hours late. If the school is closed, the Center will be closed. We want you to stay safe!

### WINTER POEM

By Denise Rodgers

We started with a ball of snow  
That grew into a boulder.  
A carrot for his pokey nose,  
A scarf around his shoulder.  
He has a funny crooked smile  
(a Red Delicious slice).  
His body is compacted snow  
As firm and cold as ice.  
He stands guard outside  
Our house:



He wears not  
pant nor belt.  
He will stay  
until comes  
spring, But  
then he'll  
have to melt.

### VOLUNTEER BRUNCH

Calling all Senior Center volunteers! You are invited to a brunch on January 31, at 12:00 p.m. in your honor. It's a thank you for all the time you so generously give! Please sign up.



### LONG-TERM CARE

Do you ever wonder what Long-term Care is, and what it's all about? There will be a presentation on Thursday, January 2, 2025 at 1:30 p.m.

### AARP TAX PREPARATION

It's hard to believe that tax season is almost upon us. The volunteers who work for AARP Tax Preparation service will begin on Saturday, February 1. Services are by appointment only. Starting January 2, you will be able to get your spot reserved. Call 253-756-0601 for your appointment!

### TRUTH OR FICTION

We've all wondered about what dreams are. Imagine if someone could get into your dreams and manipulate them. Movie: Inception, Jan. 15, 9:30 a.m.

### FRONT DESK TRAINING

If you volunteer at the front desk, please attend the AARP training Jan. 8 at 10:00 a.m. You will learn everything you need to know to make appointments for tax preparation.

### WRITING FROM THE HEART

Do you like to write? Join in a fun writing class starting on January 10, at 1:00 p.m. Class will be held every Friday. Topics will be provided, and you will learn a lot! Fun, fun, fun! Please sign up for this class.

### RIDDLE CENTRAL

I am a dreamlike fairyland but I can be horrific to many when I cover the land with ice. What am I? (Answer pg. 2)



### SPANISH FOR EVERYONE

If you would like to learn Spanish, you are welcome to join in on Fridays at 1:00 p.m. You won't learn how to conjugate verbs or write in Spanish, but you will learn how to speak in Spanish. It's a free class, so come and join in!

### ICELAND

Is Iceland on your bucket list? Now might be the time to book that trip. There is a presentation about Iceland on Monday, January 13, at 1:00 p.m. The trip is planned for June 4, 2025.

### PUGET SOUNDS

We love our Puget Sounds! I am happy and excited to announce that we will once again have them with us weekly on Tuesdays, at 1:00 p.m.!

### NOTE FROM THE DIRECTOR

I will be out of the office until approximately January 18, 2025. I hope you had a great holiday season! Happy New Year! —Kate



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book. This is the updated 2024/25 list.

January: *Someone's Else's Shoes*  
By Jojo Moyes

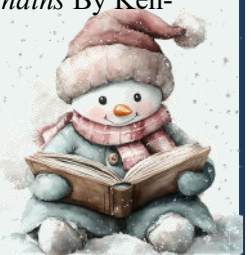
February: *Small Great Things*  
By Jodi Picoult

March: *The Life of Pi*  
By Yann Martel

April: *The Vanishing Half*  
By Britt Bennett

May: *Breaking Chains* By Kenneth Gentili

June: *5 Years to Freedom, True Story of a Vietnam POW*  
By James Rowe





# Calendar

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*Pt. Defiance~Ruston*



# JANUARY 2025

4716 N. Baltimore, Tacoma, WA 98407

## 1 ~ WEDNESDAY

Closed for New Year's Day 

## 2 ~ THURSDAY

9:30 Pinochle  
10:00 Mexican Train Dom.  
10:00 Piano  
12:00 \*Lunch  
12:30 Women's Group  
**1:30 NAIPC Workshop - Long-term Care**  
6:30 Martial Arts

## 3 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 \*Stretch & Dance  
12:00 \*FTJ Lunch  
**1:00 Spanish**  
1:30 \*Yoga  
2:30 Tai Chi

## 6 ~ MONDAY

**9:00 Hand and Foot**  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 \*Stretch & Dance  
11:00 Blood Pressure Check  
12:00 \*Lunch  
**12:30 Chess**   
2:00 Meditation  
2:30 Tai Chi

## 7 ~ TUESDAY

9:30 Pinochle  
10:00 Drawing w/John  
10:00 Guitar Lessons  
10:30 Food Rescue  
11:00 Band Practice  
12:00 \*Lunch  
12:30 Mahjong  
1:00 Sing-along  
3:15 Tap Dancing  
6:30 Martial Arts

## 8 ~ WEDNESDAY

**10:00 Front Desk Volunteer Training - AARP**  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 \*Stretch & Dance  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Yoga  
3:30 \*Line Dancing

## 9 ~ THURSDAY

9:30 Pinochle  
10:00 Mexican Train Dom.  
10:00 Piano  
12:00 \*Lunch  
**1:00 Veteran Pre-planning**  
6:30 Martial Arts

## 10 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 Stretch & Dance  
**12:00 \*FTJ Lunch**  
1:00 Spanish  
**1:00 Writing from the Heart**

1:30 \*Yoga  
2:30 Tai Chi

## 13 ~ MONDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 \*Stretch & Dance  
12:00 \*Lunch  
**12:30 Chess**  
**1:00 Iceland Presentation**  
2:00 Meditation  
2:30 Tai Chi

## 14 ~ TUESDAY

9:30 Pinochle  
10:00 Drawing w/John  
10:30 Food Rescue  
11:00 Band Practice  
12:00 \*Lunch  
12:30 Mahjong  
1:00 Sing-along  
3:15 Tap Dancing  
6:30 Martial Arts

## 15 ~ WEDNESDAY

**9:30 Truth or Fiction: Inception**  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 Stretch & Dance  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Yoga  
3:30 \*Line Dancing

## 16 ~ THURSDAY

9:30 Pinochle  
10:00 Mexican Train Dom.  
10:00 Piano  
12:00 \*Lunch  
1:00 Book Club w/Chris  
6:30 Martial Arts

## 17 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 \*Stretch & Dance  
**12:00 \*FTJ Lunch**  
1:00 Spanish  
**1:00 Writing from the Heart**  
1:30 \*Yoga  
2:30 Tai Chi

## 20 ~ MONDAY

9:30 Hand & Foot  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 \*Stretch & Dance  
12:00 \*Lunch  
**12:30 Chess**  
2:00 Meditation w/Michael  
2:30 Tai Chi

## 21 ~ TUESDAY

9:30 Pinochle  
10:00 Drawing w/John  
10:00 Guitar Lessons  
10:30 Food Rescue  
11:00 Band Practice  
12:00 Lunch  
12:30 Mahjong  
1:00 Sing-along  
3:15 Tap Dancing  
6:30 Martial Arts

## 22 ~ WEDNESDAY

10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 Stretch & Dance  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Yoga  
3:30 \*Line Dancing

## 23 ~ THURSDAY

9:30 Pinochle  
10:00 Mexican Train Dom.  
10:00 Piano  
12:00 Lunch  
**1:00 PC & Android Group**  
6:30 Martial Arts

## 24 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 \*Stretch & Dance  
**12:00 \*FTJ Lunch**  
1:00 Spanish

## 24 ~ FRIDAY CONT'D.

**1:00 Writing from the Heart**  
1:30 \*Yoga  
2:30 Tai Chi

## 27 ~ MONDAY

9:30 Hand & Foot  
10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 \*Stretch & Dance  
12:00 \*Lunch  
**12:30 Chess**  
2:00 Meditation w/Michael  
2:30 Tai Chi

## 28 ~ TUESDAY

9:30 Pinochle  
10:00 Drawing w/John  
10:30 Food Rescue  
11:00 Band Practice  
12:00 \*Lunch  
12:30 Mahjong  
**3:15 Tap Dancing**  
6:30 Martial Arts

## 29 ~ WEDNESDAY


10:00 \*Strength & Balance  
10:30 Food Rescue  
11:00 Stretch & Dance  
12:00 \*Lunch  
12:30 Acupuncture  
12:30 Cribbage w/Norm  
2:00 \*Yoga  
**3:30 \*Line Dancing**

## 30 ~ THURSDAY

9:30 Pinochle  
10:00 Mexican Train Dom.  
10:00 Piano  
12:00 Lunch  
**1:00 Pre-planning**  
**2:00 Crafts with Kathy**  
6:30 Martial Arts

## 31 ~ FRIDAY

9:30 Spades  
10:00 \*Strength & Balance  
11:00 \*Stretch & Dance  
**12:00 \*Volunteer Brunch**  
1:00 Spanish  
**1:00 Writing from the Heart**  
1:30 \*Yoga  
2:30 Tai Chi

**RIDDLE ANSWER**   
Winter.