



FRANKE TOBEY JONES

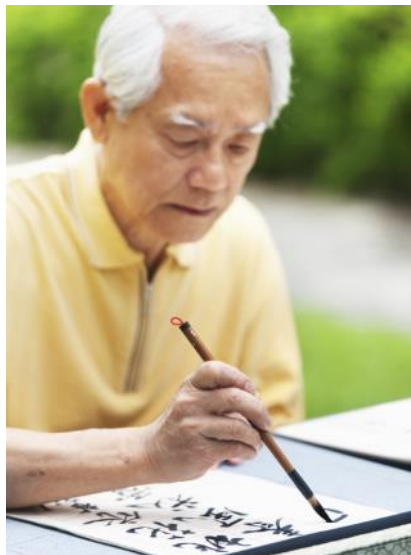
SENIOR UNIVERSITY

Enjoy your age

100TH
Anniversary
2024



Senior University at Franke Tobey Jones provides a wealth of programs for lifelong learning for people 55 or better, for both campus residents and in the surrounding community. This educational and cultural program designed for seniors is unique to Pierce County. Senior University offers the opportunity to build skills, explore new subjects and enjoy the learning process with others. Lecturers and instructors are experts in their fields hailing from local colleges and universities, businesses, not-for-profits and cultural organizations, along with others who have retired with rich career experiences. Most classes are offered free of charge as a public service to the Tacoma-Pierce County community.



FRANKE TOBEY JONES SENIOR UNIVERSITY

A VARIETY OF SPEAKERS

Speakers and organizations present on the issues you care about ~ local and national policies, world cultures, interpersonal relations and intergenerational connections.

PROFESSORS AND INSTRUCTORS

A variety of faculty and topics gleaned from the University of Puget Sound, Pacific Lutheran University, UW Tacoma, Tacoma Community College, Pierce College, South Puget Sound College, Antioch University and Evergreen State College include everything from British literature to astronomy to aging to history.

PRACTICAL KNOWLEDGE

Courses such as Social Security 101, Paying for Long-Term Care, Online Banking, estate planning, overviews of local attractions, history, etc.

HEALTH, WELLNESS & NUTRITION LECTURES

These include topics like coping with various physical conditions and feature topics from our FTJ Holistic Wellness Program such as Cultural Cuisine, Tai Chi and Qigong, Walks, Meditation, Commune Holistic Wellness Courses, and more.

COMPUTER COURSES

Courses include exploration of tablet technology, smart phones, social media, e-mail, digital photos, web searches and other technologies in lab setting.



CURIOS MINDS

No degree or level of educational experience is necessary to join a Senior University class, just an urge to learn and grow. You may participate in a single class or take advantage of a broad range of classes or series held in a variety of locations on our beautiful campus.

HANDS-ON ARTS AND CRAFTS

Classes range from painting to mosaics and jewelry to woodshop projects or theater- acting techniques. Instructors include local artists as well as teachers from local college art programs and cultural organizations.

PARTICIPATORY CLASSES IN WRITING, GENEALOGY, ANTIQUES, LANGUAGES, TRAVEL AND EXPLORATION PROGRAMS

For the curious and adventurous, these classes feature world travelers and adventurers, educators, published writers, and student groups to bring the wonders of the world straight to your parlor. Also included: Great Courses.

PARTNERSHIPS

Franke Tobey Jones enjoys partnerships with many local cultural and educational organizations. Included in these partnerships are:

- ◆ Metro Parks Tacoma
- ◆ Tacoma Arts Live
- ◆ Pierce County Aging and Disability Resources (ADR)
- ◆ Tacoma Youth Symphony
- ◆ Seniors Helping Seniors
- ◆ Various Not-For-Profits



GREAT DECISIONS DISCUSSION

We host the Great Decisions Discussion courses here. Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the video series and meeting in a Discussion Group to discuss the most critical global issues facing America today.

OTHER

- ◆ Literary League book club which features books from a variety of genres.
- ◆ Art Appreciation Lecture series with Jenny Roholt that explore a variety of media and artists through history.
- ◆ Join us for Documentary Discussions where a documentary is screened followed by a discussion of what was learned.