

SAVE THE DATES

PARTIES

Birthdays w/Roadside Attraction Band - February 11, 11:00 a.m. St. Patrick's Day Party - March 13, 11:00 a.m. ~ Maryanne Ellis line dancing!

CLOSURES

February 17 - President's Day May 26 - Memorial Day



INCLEMENT WEATHER

Winter is here, and along with it the possibility of snow, rain, and ice. The Center goes by the Tacoma No. 10 School District's schedule. If the school opens two hours late, the Center opens two hours late. If the school is closed, the Center will be closed. We want you to stay safe!

> I'M NOT JUST FEBRUARY

> > By Annette Wynne

I'm not just February With winds that blow All day, and piled-up snow; I'm Washington and Lincoln, too, who kept our country's flag for you! I'm Valentine of airy grace-With golden hearts and hearts of lace And pretty cards that people

send.

Ouite as a secret, to a friend. Though I am short of days and small.

I'm quite a big month after all!

How to Live without a MORTGAGE

Do you have a mortgage payment that you struggle with? Is it even possible to live without a mortgage? Come find out as Janet Silvers from Revolution Mortgage, discusses life without a mortgage on Wednesday, February 12, at 1:00 p.m. Please sign up in advance.

FRIENDSHIP VALENTINES

Valentine's Day is for everyone so let's make Valentine's for our friends. First interesting art paper will be created by using stencils and ink washes. Then you'll make beautiful cards with these unique papers. This TACG workshop will also include instructions and materials for making simple heart mobiles. All materials will be provided, and no art experience is necessary! The class will be on February 6, at 2:00 p.m. All supplies will be furnished. There is no set cost for this class; however, a donation jar will be available should you wish to contribute toward supplies. Please make your reservation now!

APPLE USER GROUP

Our Apple User Group returns with Ron Yaden leading it! It is on the second Thursday of each month at 1:00 p.m. Come get all your questions answered.

HIGHWAYS & BYWAYS

The routes we travel around Tacoma have a history that we take for granted. Learn about how the earliest trails and unpaved roads evolved into the bridges and freeways that span the region. Tyler Kaye gives a history talk and slideshow Monday, February 24, at 1 p.m.

RIDDLE CENTRAL

Though February is cold and brae, I peek through snow in a colorful way. I'm one of the first signs that spring is near, My petals are small, but they bring cheer. What am I? (Answer pg. 2)



UNDERSTANDING CANCER

Do you understand cancer? Matt Santelli from Pierce County Aging and Disability Resource Center will be here on Monday, February 3, at 1:00 to help us understand cancer. It will be an informative class, one in which you can ask any questions you might have. Please sign up in advance.

ADVISORY BOARD MEETING

The first Advisory Board Meeting of 2025 is on Wednesday, February 5, at 9:00 a.m. We will be revising our short and long-term goals as well as reviewing our mission statement.

AVOIDING ROMANCE SCAMS

Whether you are in a romance now, looking for a 'friend' or dating online, you hear horror stories all the time. Join Mari Ferrer from Seniors Helping Seniors as she discusses the new scams that are being perpetrated on innocent people. Date: Wednesday, February 5. Time: 1:00 p.m. Please reserve your spot now.



The Senior Center Book Club meets the 3rd Thursday to discuss that month's book. This is the updated 2024/25 list.

February: Small Great Things By Jodi Picoult

March: The Vanishing Half By Britt Bennett

April: The Life of Pi By Yann Martel

May: Breaking Chains By Kenneth Gentili

June: 5 Years to Freedom, True Story of a Vietnam POW By James Rowe



Calendar (253) 756-0601 *It. Defiance-Ruston*

1 ~ SATURDAY 9:00 AARP Tax Prep.

3 ~ Monday

9:00 *Senior Footcare 9:30 Hand & Foot 10:00 *Strength & Balance 10:30 Food Rescue 11:00 *Stretch & Dance 11:00 Blood Pressure Check 12:00 *Lunch 12:30 Chess 1:00 Understanding Cancer for Older Adults 2:00 Meditation 2:30 Tai Chi

4 ~ TUESDAY

9:30 Pinochle 10:00 Drawing w/John 10:00 Guitar Lessons 10:30 Food Rescue 12:00 *Lunch 12:30 Mahjong 1:00 Sing-along 3:15 Tap Dancing 6:30 Martial Arts

5 ~ WEDNESDAY

9:00 Advisory Board Mtg. 10:00 *Strength & Balance 10:30 Food Rescue 11:00 *Stretch & Dance 12:00 *Lunch 12:30 Acupuncture 12:30 Cribbage w/Norm 1:00 Avoiding Romance Scams 2:00 *Yoga 3:30 *Line Dancing

6 ~ THURSDAY

9:30 Pinochle 10:00 Mexican Train Dom. 10:00 Piano 12:00 *Lunch 12:30 Women's Group 1:30 Transitions & Downsizing

2:00 Art Paper Card Class 6:30 Martial Arts

7 ~ FRIDAY 9:00 AARP Tax Prep. 9:30 Spades 10:00 *Strength & Balance 11:00 Stretch & Dance 12:00 *FTJ Lunch **7 ~ FRIDAY CONT'D** 1:00 Spanish 1:30 *Yoga 2:30 Tai Chi

8 ~ SATURDAY 9:00 AARP Tax Prep.

10 ~ Monday

9:30 Hand & Foot 10:00 *Strength & Balance 10:30 Food Rescue 11:00 *Stretch & Dance 12:00 *Lunch *12:30 Chess* 2:00 Meditation 2:30 Tai Chi

11 ~ TUESDAY

9:30 Pinochle 10:00 Drawing w/John 10:30 Food Rescue 11:00 Roadside Attraction Band (folk & vintage country music) / Birthday Celebration 12:00 *Lunch 12:30 Mahjong 1:00 Sing-along 3:15 Tap Dancing 6:30 Martial Arts

12 ~ WEDNESDAY

10:00 *Strength & Balance 10:30 Food Rescue 11:00 Stretch & Dance 12:00 *Lunch 12:30 Cribbage w/Norm 1:00 How to Live without a Mortgage 2:00 *Yoga 3:30 *Line Dancing

13 ~ THURSDAY 9:30 Pinochle 10:00 Mexican Train Dom. 10:00 Piano 12:00 *Lunch *1:00 Apple User Group 1:00 Estate Planning & Probate* 6:30 Martial Arts

14 ~ FRIDAY Valentíne's Day

9:00 AARP Tax Prep. 9:30 Spades 10:00 *Strength & Balance 4716 N. Baltimore,

14 ~ FRIDAY CONT'D. 11:00 *Stretch & Dance 2:00 *FTJ Lunch 1:00 Spanish :30 *Yoga 2:30 Tai Chi

15 ~ SATURDAY 9:00 AARP Tax Prep.

17 ~ Monday



18 ~ TUESDAY 9:30 Pinochle 10:00 Drawing w/John 10:00 Guitar Lessons 10:30 Food Rescue 12:00 Lunch 12:30 Mahjong 1:00 Sing-along 3:15 Tap Dancing 6:30 Martial Arts

19 ~ WEDNESDAY

10:00 *Strength & Balance 10:30 Food Rescue 11:00 Stretch & Dance 12:00 *Lunch 12:30 Cribbage w/Norm 2:00 *Yoga 3:30 *Line Dancing

20 ~ THURSDAY

9:30 Pinochle 10:00 Mexican Train Dom. 10:00 Piano 12:00 Lunch *1:00 Book Club w/Chris* 6:30 Martial Arts

21 ~ FRIDAY

9:00 AARP Tax Prep. 9:30 Spades 10:00 *Strength & Balance 11:00 *Stretch & Dance 12:00 *FTJ Lunch 1:00 Spanish 1:30 *Yoga 2:30 Tai Chi

22 ~ SATURDAY 9:00 AARP Tax Prep.

24 ~ MONDAY

9:30 Hand & Foot 10:00 *Strength & Balance 10:30 Food Rescue 11:00 *Stretch & Dance 12:00 *Lunch 12:30 Chess 1:00 Highways & Byways 2:00 Meditation w/Michael 2:30 Tai Chi

25 ~ TUESDAY

9:30 Pinochle 10:00 Drawing w/John 10:30 Food Rescue **11:00 Atty. Johnson** 12:00 *Lunch

12:30 Mahjong 1:00 Sing-along 3:15 Tap Dancing 6:30 Martial Arts

26 ~ WEDNESDAY

10:00 *Strength & Balance 10:30 Food Rescue 11:00 Stretch & Dance 12:00 *Lunch 12:30 Acupuncture 12:30 Cribbage w/Norm 2:00 *Yoga 3:30 *Line Dancing

27 ~ THURSDAY

9:30 Pinochle
10:00 Mexican Train Dom.
10:00 Piano
12:00 Lunch
1:00 PC & Android Grp.
2:00 Crafts with Kathy (No sew fabric collage)
6:30 Martial Arts

28 ~ FRIDAY

9:00 AARP Tax Prep. 9:30 Spades 10:00 *Strength & Balance 11:00 *Stretch & Dance 12:00 *FTJ Lunch 1:00 Spanish 1:30 *Yoga 2:30 Tai Chi





February 2025 Tacoma,