

April Lectures and Events

*Indicates registration is required.

Wednesday, April 2

Documentary Discussions: Score*

This documentary brings Hollywood's premier composers together to give viewers a look inside world's most widely known music genre: the film score.
2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, March 6, March 13, March 20, & March 27

Great Courses – The Scientific Guide to Health and Happiness*

Your perfect roadmap to achieving your best self in 24 recorded lectures over 12 weeks (February 6 – April 24).
10:00 am, Bristol View 1st Floor Bowditch Room

Thursday, April 3

Communication and Boundaries*

In this workshop, you'll learn practical skills for expressing your needs, listening actively, and setting boundaries that honor yourself and others.
2:00 pm, Bristol View 1st Floor Bowditch Room

Friday, April 4, April 11, April 18, & April 25

Book Discussion: Democracy Awakening by Heather Cox Richardson

10:30 am – 12:00 pm, Zoom
Meeting ID: 830 8616 3655 Passcode: 845170

Friday, April 4

Art Appreciation Lecture Series: Touring the World Through Art*

2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, April 8

Medicare Made Easy - (Cookies and Coffee Help)*

Did you know there are 10 different types of Medigap Plans offered in most states?
10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, April 8

The Donkey Trail: Assessing a New Pathway to America*

Professor Andrew Gardner describes an interview he conducted with a young Indian man who traveled from India to the US on what he referred to as "The Donkey Trail."
2:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, April 9

Prescription Drug Coverage & Inflation Reduction Act*

11:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, April 9

Tribute to Rogers & Hammerstein by Vintage Virtuosos*

Music to celebrate the 80th+ anniversary of their collaboration.
3:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, April 10

Seniors Helping Seniors: The Latest Relationship Scams*

Come join us to discuss red flags, dos and don'ts for the latest relationship scams.
2:00 pm, Bristol View 1st Floor Bowditch Room

Friday, April 11

Make Beautiful Marbled Paper Using the Shaving Cream Method*

Please wear your painting clothes to this class! All materials will be provided.
2:00 – 3:30 pm, Tobey Jones Craft Room

Tuesday, April 15

L'Arche Tahoma Hope - Volunteer or Engagement Opportunities to be Involved With Our Community!*

A person-centered and relationship focused organization that works with people with and without intellectual disabilities.
10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, April 15

Preventing and Recovering from Scams, Fraud, and Identity Theft*

Matt Santelli will help you to discover how to identify and avoid scams and fraud so that you do not fall prey to financial harm, including identity theft.
3:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, April 16

Nature Around Tacoma Series: Nature and Play at Franklin Park*

Learn about the park's rich history and natural landscape.
2:00 pm, Field Trip (Bus leaves the Bistro at 1:30 pm)

Thursday, April 17

Great Decisions: U.S.-China Relations*

What are America's strategic options in the face of Chinese power and ambition?
3:00 pm, Zoom (Pre-register to receive the Zoom link)

Friday, April 18

Mathematical Beauty in Nature*

We will explore unseen self-organizing regularities resulting in patterns of number and shape that underlie processes of growth, division, and replication.
2:00 pm, Bristol View 1st Floor Bowditch Room

Tuesday, April 22

Volcanoes Have Changed the World and Will Again!*

10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, April 22

"Race" as a Concept in Western Traditions*

This lecture discusses the origins of "race" as a concept in Western traditions and histories.
2:00 pm, Bristol View 1st Floor Bowditch Room

Wednesday, April 23

Eco-Friendly Options for When We Die*

We'll review environmental pros and cons of final disposition options from conventional burial and flame cremation, to eco-friendly options.
11:00 am, Zoom Meeting ID: 481 600 3295 Passcode: 845170

Wednesday, April 23

Literary League Book Club— West with Giraffes*

Join us as we discuss *West with Giraffes* by Lynda Rutledge
2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, April 24

Loneliness Versus Solitude*

We will explore the differences and talk about some programs which have addressed loneliness.
2:00 pm, Bristol View 1st Floor Bowditch Room

Friday, April 25

American Musics Series: The Music of Brazil*

Join Brazilian singer and percussionist Adriana Giordano and accompanist EJ Crocker as they explore classic Brazilian songs.
4:00 pm, MJ Wicks Wellness Center

Tuesday, April 29

Supervolcanoes – The Really Big Ones*

10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, April 29

The Four Pillars of New Retirement*

Provides an in-depth look at "The Four Pillars of the New Retirement."
2:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, April 30

Flower Arranging 101*

Learn the art of crafting beautiful vase arrangements as the Fernseed floral team guides you through the process. Participants have the option of purchasing their arrangement at the end of the workshop for \$39.
10:00 am – 12:00 pm, Field Trip to Fernseed (Bus leaves the Bistro at 9:30 am)

Wednesday, April 30

Northwest Sinfonietta Quartet - New/Old Voices in Music*

Northwest Sinfonietta brings an engaging string quartet program exploring important old and new voices in music.
2:00 pm, MJ Wicks Wellness Center



FRANKE TOBEY JONES

SENIOR UNIVERSITY

Live & Learn

April 2025

Educational Enrichment Opportunities

Campus Location

5340 N Bristol Street

Tacoma, WA 98407
253.752.6621

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

indicates fee and registration required

* indicates registration required



To check for schedule changes, e-mail jwennstrom@franketobeyjones.com

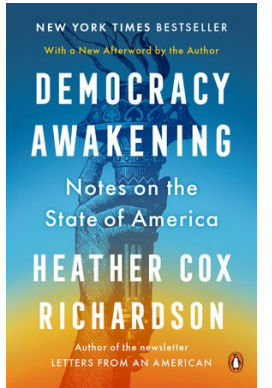
Book Discussion: *Democracy Awakening*

In this 4-week discussion class led by Dr. Dexter Gordon, we will analyze *Democracy Awakening* by acclaimed historian Heather Cox Richardson. Richardson examines the historical forces that have led to the current political climate, showing how modern conservatism has preyed upon a disaffected population, weaponizing language and promoting false history to consolidate power. Classes take place on Friday, April 4, April 11, April 18, & April 25 from 10:30 am – 12:00 pm on Zoom (Meeting ID: 830 8616 3655 Passcode: 845170).



Presenter Bio:

Dr. Dexter Gordon holds a BA in Theology, (Jamaica Theological Seminary) and MA in Communication Ethics, (Wheaton College), and a Ph. D in Rhetoric and Culture (Indiana University). Professor Gordon's research, writings, and public intellectual work explore the many elements of rhetoric, race, and identity, including such themes as social, intellectual, and political history, public discourse, and social theory through the lens of rhetoric and cultural studies. Dr. Gordon, Executive Vice President of The Evergreen State College, has been recognized with multiple honors over the past year for his unwavering commitment to community and his efforts to remove barriers to higher education. These accolades underscore his dedication to fostering an inclusive and supportive educational environment.



Magma-nificent Lectures About Volcanoes

Tuesday, April 22

Volcanoes Have Changed the World and Will Again!*

Explore volcanoes from South America to Iceland with a look at the impact they have had on world history and see how a community deals with a dangerous volcano in its back yard.
10:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, April 29

Supervolcanoes – The Really Big Ones*

While there is no evidence that a large-scale eruption of a supervolcano will occur any time soon, the consequences in the past have been extreme with worldwide impacts. What are they and where are they?
10:00 am, Bristol View 1st Floor Bowditch Room

Volcano erupting



Presenter Bio:

William Lokey had a 45-year career in emergency management where he worked for the Washington State Dept. of Emergency Management, Pierce County Dept. of Emergency Management, the California Office of Emergency Services, the Federal Emergency Management Agency (FEMA), and as a Consultant. Bill has supported preparedness, response, and recovery for all types of natural and man caused disasters, including the eruption of Mount St. Helens (1980), the Oklahoma City Bombing (1995), the Nisqually Earthquake (2001), Hurricane Katrina (2005), 9-11 in New York (2005), and the Tohoku Earthquake and Tsunami in Japan.



To register for a class, contact Jana Wennstrom at jwennstrom@franketobeyjones.com or 253.756.6219

www.FrankeTobeyJones.com / Phone: 253.752.6621

April 2025

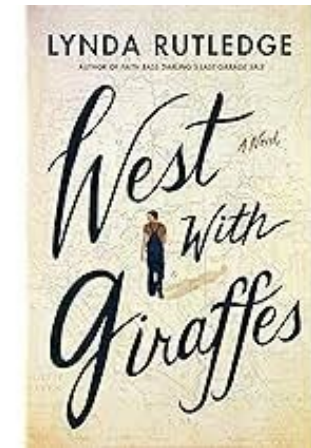


FRANKE TOBEY JONES

SENIOR UNIVERSITY

Non scholae sed vitae discimus.

We do not learn for school but for life.



Wednesday, April 23

Literary League Book Club— *West with Giraffes**

Join us as we discuss *West with Giraffes* by Lynda Rutledge

About the book: Woodrow Wilson Nickel, age 105, feels his life ebbing away. But when he learns giraffes are going extinct, he finds himself recalling the unforgettable experience he cannot take to his grave. It's 1938. The Great Depression lingers. Hitler is threatening Europe, and world-weary Americans long for wonder. They find it in two giraffes who miraculously survive a hurricane while crossing the Atlantic. What follows is a twelve-day road trip in a custom truck to deliver Southern California's first giraffes to the San Diego Zoo. Inspired by true events, the tale weaves real-life figures with fictional ones.

2:00 pm, Bristol View 1st Floor Bowditch Room

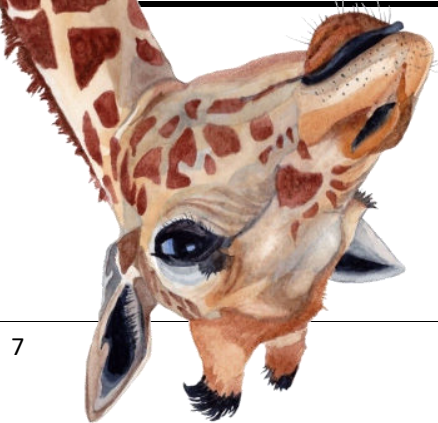

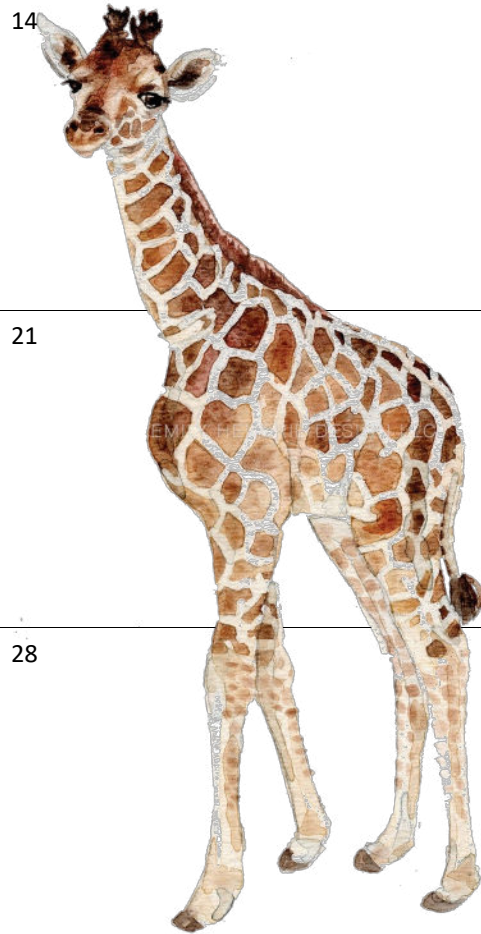
Legend

Registration and fee

* Registration, no cost

Location Codes:

- (B) Lillian Pratt Bascom Library
- (BV) Bristol View Bowditch Room
- (C) Tobey Jones Craft Room
- (FT) Field Trip
- (LP) Lillian Pratt Parlor
- (M) Tobey Jones Multipurpose Room
- (TJ) Tobey Jones Parlor
- (W) MJ Wicks Wellness Center
- (WS) Tobey Jones Woodshop
- (Z) Zoom

Mon	Tue	Wed	Thu	Fri
	1 	2 2:00 (BV) Documentary Discussions: <i>Score</i> *	3 10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i> * 2:00 (BV) Communication and Boundaries*	4 10:30 (Z) Book Discussion: Democracy Awakening by Heather Cox Richardson 2:00 (BV) Art Appreciation Lecture Series: Touring the World Through Art*
	7 10:00 (BV) Medicare Made Easy - (Cookies and Coffee Help)* 2:00 (BV) The Donkey Trail: Assessing a New Pathway to America*	8 11:00 (BV) Prescription Drug Coverage & Inflation Reduction Act* 3:00 (BV) Tribute to Rogers & Hammerstein by Vintage Virtuosos*	9 10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i> * 2:00 (BV) Seniors Helping Seniors: The Latest Relationship Scams*	10 10:30 (Z) Book Discussion: Democracy Awakening by Heather Cox Richardson 2:00 (C) Make Beautiful Marbled Paper Using the Shaving Cream Method*
	14 10:00 (BV) L'Arche Tahoma Hope - Volunteer or Engagement Opportunities to be Involved With Our Community!* 3:00 (BV) Preventing and Recovering from Scams, Fraud, and Identity Theft*	15 2:00 (FT) Nature Around Tacoma Series: Nature and Play at Franklin Park*	16 10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i> * 3:00 (Z) Great Decisions: U.S.-China Relations*	17 10:30 (Z) Book Discussion: Democracy Awakening by Heather Cox Richardson 2:00 (BV) Mathematical Beauty in Nature*
	21 10:00 (BV) Volcanoes Have Changed the World and Will Again!* 2:00 (BV) "Race" as a Concept in Western Traditions*	22 11:00 (Z) Eco-Friendly Options for When We Die* 2:00 (BV) Literary League Book Club— <i>West with Giraffes</i> *	23 10:00 (BV) Great Courses – <i>The Scientific Guide to Health and Happiness</i> * 2:00 (BV) Loneliness Versus Solitude*	24 10:30 (Z) Book Discussion: Democracy Awakening by Heather Cox Richardson 4:00 (W) American Musics Series: The Music of Brazil*
28 10:00 (BV) Supervolcanoes – The Really Big Ones* 2:00 (BV) The Four Pillars of New Retirement*	29 10:00 (FT) Flower Arranging 101* 2:00 (W) Northwest Sinfonietta Quartet - New/Old Voices in Music*	30 